

Menu for Terms 1 and 2

2023-24

Week one menu for the weeks beginning 4th and 18th September, 2nd and 16th October, 6th and 20th November, 4th and 18th December

Monday	Tuesday	Wednesday	Thursday	Friday
Italian meatball pasta bake	Chicken goujons with vegetable rice	Roast beef dinner	Ham and pineapple pizza and chips	Spaghetti with cheese and bacon sauce
Cheese and Tomato pasta bake	Bean burger with vegetable rice	Quorn roast	Cheese and tomato pizza and chips	Spaghetti with tomato sauce
Sausage and bean casserole	Jacket potato with cheese and beans	Homemade tomato soup with a baguette	Mild and creamy chicken curry with rice	Toad in the hole with roast potatoes
Rice crispy cakes	Iced sponge cake	Choc ice	Fruit and yogurt	Lemon cookie

Week two menu for the weeks beginning 11th and 25th September, 9th and 30th October, 13th and 27th November, 11th December

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages with diced potatoes	Beef Bolognese pasta bake	Gammon roast dinner	Chicken nuggets with chips	Roast chicken with mashed potato and gravy
Veggie sausages	Lentil Bolognese pasta bake	Quorn sausage roast dinner	Quorn nuggets with chips	Vegetable fingers with mash and gravy
Beef and vegetables in black bean sauce with noodles	Cod goujons with potato wedges	Pasta with tomato sauce and cheese	Salmon fish cakes with new potatoes	Ham and cheese panini with salad
Cherry flapjack	Apple crumble	Choc ice	Fruit and yogurt	Choc chip sponge

All meals are available as Gluten and Dairy free. Seasonal vegetables, salad and bread, fruit and yogurt are available every day.