

## Menu for Terms 1&2 2022-23

Week one menu for the weeks beginning      29 <sup>th</sup> Aug   12 <sup>th</sup> Sept   26 <sup>th</sup> Sept   10 <sup>th</sup> Oct   31 <sup>st</sup> Oct   14 <sup>th</sup> Nov   28 <sup>th</sup> Nov   12 <sup>th</sup> Dec				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Toad in the hole with mashed potato and green beans	Beef Bolognese pasta bake with sweetcorn	Sausage roast dinner with gravy	Fish fingers chips and peas with ketchup	Ham and cheese turnover with diced potatoes and carrots
Vegetarian toad in the Hole	Lentil Bolognese pasta bake	Vegetarian sausage roast dinner	Quorn burger	Cheese and tomato turnover
Homemade tomato soup with a buttered baguette	Mild and creamy vegetable curry with rice	Cheesy Cauliflower and broccoli bake with crusty bread	Bbq chicken with rice	Jacket potato with cheese and beans
Jam sponge	Oat and cinnamon cookie	Choc ice	Fruit or yogurt	Mandarin jelly
Week two menu for the weeks beginning      5 <sup>th</sup> Sept   19 <sup>th</sup> Sept   3 <sup>rd</sup> Oct   17 <sup>th</sup> Oct   7 <sup>th</sup> Nov   21 <sup>st</sup> Nov   5 <sup>th</sup> Dec				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Chicken goujons with potato wedges and peas	Ham and cheese macaroni with salad and bread	Roast pork dinner with applesauce and gravy	Pepperoni pizza with chips and beans	Spaghetti carbonara with peas
Quorn nuggets	Macaroni cheese	Quorn roast dinner	Cheese and tomato pizza	Spaghetti with tomato sauce
Beef and vegetable stir fry with noodles	Sausage and bean hot pot	cheese and ham panini with salad	Salmon and broccoli pasta bake	Chicken with cous cous and roasted vegetables
Golden crunch cakes	Choc chip cookies	Choc ice	Fruit or yogurt	Chocolate and banana cake

**Children with special dietary requirements may order any option.  
Seasonal vegetables, salad and bread, fruit and yogurt are available every day.**