

Menu for Terms 3&4 2021-22

Week one menu for the weeks beginning 3rd Jan 17th Jan 31st Jan 14th Feb 7 th March 21st March 4 th April				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meatballs in a tomato & vegetable sauce with spaghetti</p> <p>Vegetarian meatballs</p> <p>Beef and mixed pepper chow mein</p> <p>Cocoa and banana cupcakes</p>	<p>Creamy chicken & bacon pasta bake with green beans</p> <p>Cheesy pasta bake with green beans</p> <p>Ham & cheese panini with salad</p> <p>Mandarin jelly</p>	<p>Roast pork dinner with apple sauce</p> <p>Roast quorn dinner</p> <p>Chinese chicken & mixed vegetables with egg fried rice</p> <p>Choc ice</p>	<p>Fish fingers with chips & sweetcorn</p> <p>Crunchy vegetable fingers with chips and sweetcorn</p> <p>Shepherd's pie with fresh vegetables</p> <p>Fruit or yogurt</p>	<p>Bangers & mash with peas & gravy</p> <p>Vegetarian bangers & mash</p> <p>Pasta with homemade tomato sauce and a sprinkle of cheese</p> <p>Golden syrup sponge</p>
Week two menu for the weeks beginning 10 th Jan 24th Jan 7 th Feb 28th Feb 14 th March 28th March				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken goujons with potato wedges and green beans</p> <p>Quorn burger with potato wedges & green beans</p> <p>Spaghetti carbonara</p> <p>Lemon sponge cake</p>	<p>Sweet & sour chicken and vegetables with rice</p> <p>Sweet & sour quorn and vegetables with rice</p> <p>Jacket potato with cheese and beans</p> <p>Cocoa cookies</p>	<p>Roast sausage dinner</p> <p>Vegetarian sausage roast dinner</p> <p>BBQ chicken wrap with salad</p> <p>Choc ice</p>	<p>Pepperoni pizza with chips & beans</p> <p>Cheese & tomato pizza with chips and beans</p> <p>Salmon fish cakes with buttered new potatoes & fresh vegetables</p> <p>Fruit and yogurt</p>	<p>Beef Bolognese pasta bake with sweetcorn and a slice of garlic bread</p> <p>Lentil & tomato pasta bake with sweetcorn and garlic bread</p> <p>Italian chicken with cous cous</p> <p>Apple sponge</p>

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